30 DAY BOOTCAMP

Month:

01 02 03 04 05 06 07 08 13 14 15 16 17 18 21 22

GOALS

NOTES



HOMEWORK Assignment

WEEK:		
DESCR	IPTION:	RESOURCES:
PROGRES	SS:	
	TASKS	DUE DATE



WEEKLY PLANNER

Main Go	pals	
Important Tasks		To Do List
Appoint	ment	Notes:
Date	Info	



MY JOURNAL

WEEKLY REVIEW

Date:				
Wook:	1	2	2	1

HOW WAS THE WEEK?	FELT GRATEFUL THIS WEEK FOR:
THIS WEEK'S SMALL WINS	THINGS I HAVE IMPROVED ON:
TASK IN PROGRESS	THIS WEEK'S BAD EXPERIENCE:
TASK IN PROGRESS	THIS WEEK'S BAD EXPERIENCE:
TASK IN PROGRESS	THIS WEEK'S BAD EXPERIENCE:
TASK IN PROGRESS	THIS WEEK'S BAD EXPERIENCE:
TASK IN PROGRESS	THIS WEEK'S BAD EXPERIENCE:
TASK IN PROGRESS WHAT TO NOTE THIS WEEK:	THIS WEEK'S BAD EXPERIENCE:
	THIS WEEK'S BAD EXPERIENCE:
	THIS WEEK'S BAD EXPERIENCE:



DAILY GRATITUDE

MY GRATITUDE JOURNAL

Date:				
Week:	1	2	3	4

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TODAY, I'M GRATEFUL FOR	S	M	Т	W	Т	F	S
TODAY, I'M GRATEFUL FOR	S	M	Т	W	Т	F	S
TODAY, I'M GRATEFUL FOR	S	M	Т	W	Т	F	S
TODAY, I'M GRATEFUL FOR	S	М	Т	W	Т	F	S
TODAY, I'M GRATEFUL FOR	S	Μ	Т	W	Т	F	S
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TODAY, I'M GRATEFUL FOR	3	IVI		W		<u>г</u>	3
TODAY, I'M GRATEFUL FOR	S	Μ	Т	W	Т	F	S





habittracker

month of
habit

FACEBOOK ENGAGEMENT TRACKER

Date:		WEEK				
		2	3	4	5	
Total # of Followers/ Friends						
Total # of Followers/ Friends Followers/Friends Growth						
# Of Posts Published						
Total Likes						
Total Comments						
Total Saves						
Total Shares						
Reach						
Impressions						
New prospects						
New Customers						
New Parties booked						
	Total # of Followers/ Friends Followers/Friends Growth # Of Posts Published Total Likes Total Comments Total Saves Reach Impressions New prospects New Customers	Total # of Followers/ Friends Followers/Friends Growth # Of Posts Published Total Likes Total Comments Total Saves Reach Impressions New prospects New Customers	Total # of Followers/ Friends Followers/Friends Growth # Of Posts Published Total Likes Total Comments Total Saves Reach Impressions New prospects New Customers	Total # of Followers/ Friends Followers/Friends Growth # Of Posts Published Total Likes Total Comments Total Saves Reach Impressions New prospects New Customers	Total # of Followers/ Friends Followers/Friends Growth # Of Posts Published Total Likes Total Comments Total Saves Total Shares Reach Impressions New prospects New Customers	



TO DO LIST

NO.	TO DO	YES/NO
NOTES		

